



Encino Woods News

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Your "Eye" On Real Estate
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STEAMED STRIPED BASS WITH GINGER AND SCALLIONS



Active time: 10 min Start to finish: 30 min

6 (4-oz) pieces striped bass fillet with skin (1 inch thick)
1 (1/2-inch) piece peeled fresh ginger, cut into very thin matchsticks
1 bunch scallions (white and pale green parts only), cut lengthwise into very thin matchsticks (1/2 cup)
3 tablespoons soy sauce
1 teaspoon canola oil
Accompaniment: steamed white rice Garnish: fresh cilantro leaves

Preparation

Arrange a steamer rack or an inverted pie plate in a deep 12-inch skillet and add 3 cups water to skillet. Cover skillet and bring water to a boil.
Pat fillets dry and arrange on a heatproof plate that will fit into skillet with 1 inch clearance around plate. Sprinkle ginger and 1/4 cup scallions evenly on top of fish. Stir together soy sauce and oil in a small bowl and drizzle evenly over fillets. Carefully transfer plate with fish to rack in skillet and cover tightly, then steam over moderately high heat until fish is just cooked through, 15 to 20 minutes. Carefully remove plate from skillet and sprinkle with remaining 1/4 cup scallions.

Each serving contains about 135 calories and 4 grams fat.

Makes 6 servings.

Hot Properties

New Listings

5035 Odessa 4+4	\$1,150,000
4961 Noeline 4+2.75	\$939,000

Just Sold/Pending

4914 Edgerton 3+3.5	\$940,000 Sold
4920 Odessa 3+1.75	\$854,000 Sold
5027 Odessa 3+1.75	\$799-859,000 pending

If your home is currently listed this is not intended as a solicitation.
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